



2015

PA CARES Training Summit

DATE: May 7, 2015

**Fort Indiantown Gap
Keystone Conference Center, Bldg 17-104
1 Fort Indiantown Gap
Anville, PA 17003-5099**

Jointly Sponsored by:

PA Department of Health, Bureau of Public Health Preparedness
PA Department of Human Services, Office of Mental Health and Substance Abuse Services
PA Department of Military and Veteran Affairs

2015 PA CARES TRAINING SUMMIT

THE REINTEGRATION PROCESS:
Building Awareness and Mobilizing Community Resources to Support
The Mission at Home

DATE: May 7, 2015

Time: 8:30 AM- 4:00 PM (Registration starts at 8:00 AM)

Location: Fort Indiantown Gap, Keystone Conference Center, Bldg 17-104,
1 Fort Indiantown Gap, Annville, PA

Target Audience: (Limited to 75 Registrants)

This program is being offered to expand the knowledge base and skills of mental health and behavioral health providers who deliver services to military service members, veterans, and their families. The targeted audience includes, but is not limited to: *community mental health and substance abuse agencies, social workers, professional counselors, nurses, psychiatrists, psychologists, clergy/pastoral or spiritual practitioners and the staff of PA Veteran Centers.*

Program Description and Objectives

This one-day training event will focus on recognizing and responding to the myriad of needs experienced by service members, veterans, and their families through deployment and the reintegration process. Selected topics include: the impact of family separation and reintegration on military youth through multiple deployments; the nuances of military culture; building community capacity to assist military youth and foster resilience.

Objectives: As a result of this training, the participants will be able to:

1. Explore how families can regain the shared sense of purpose that acts as a catalyst for successful reintegration; family member roles and responsibilities.
2. Identify the unique issues facing military youth and describe how children and adolescents are impacted through the deployment cycle and the reintegration process.
3. Describe how military culture differs from civilian culture and how that influences veterans' family and community life.
4. Discuss the dynamics of family relationships and how they are affected during the reintegration process, from military to civilian life and even back to military life (the deployment cycle).
5. Examine common stressors that affect the military community and their families and explore methods of integrating behavioral health services and resources that are available through various local, regional, and state agencies and advocacy organizations.

This event was planned in collaboration with the **PA CARES Military Task Force** (Pennsylvania Americans showing Compassion, Assistance and Reaching out with Empathy for Service members). PA CARES is a partnership of active duty military, veteran, and civilian groups, whose mission is to identify services for veterans and their families, connect them to those services, and assist with the successful integration back to their families and communities.

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TRAINING AGENDA for May 7, 2015

8:00 – 8:30 AM **Registration**

PRESENTERS

8:30 – 8:45 AM	Introductions	Donna Hess, BA DHS, OMHSAS MH Service Area Rep.
	Opening Remarks	Dept of Military & Veteran Affairs Representative (to be determined)

Morning Keynote

8:45 – 10:45 AM	<u>Military Youth Program/Children Family Reintegration (Part A);</u> The speaker will address reintegration of service members from the standpoint of its impact on their children, adolescents, and the family unit.	Randy W. Readshaw, MSS , Soldier & Family Assistance, Program Manager; US Army Recruiting Battalion - Harrisburg
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10:45 – 11:00 AM **BREAK**

11:00 AM– 12:15 PM	<u>Military Youth Program/Children Family Reintegration (Part B)</u> Presentation based on program developed to assist children, youth, and family reintegration.	Deborah J. Krall , Airman & Family Readiness Program Mnger, PA Air National Guard <i>Susan J. Smith, BS, State Director, Penn State Extension Military Youth Programs</i>
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12:15 – 1:00 PM **LUNCH (Provided on site)**

Afternoon Sessions

Working Lunch 12:30 – 1:00 PM	<u>Military Culture;</u> Using group activity, presenter will guide participants in examining how military culture differs from civilian culture. Developing more knowledge about military culture will enhance participants' ability to relate to and support veterans & their families.	Michael Volz , Outreach Specialist, Harrisburg Vet Center, Harrisburg
Session 1: 1:00 – 2:15 PM	<u>Readjustment and the Relationship;</u> Presentation focuses on the dynamics and the process of partnerships readjusting following a military deployment.	Chris Constance, MSW, LCSW , Marriage & Family Therapist, Harrisburg Vet Center, Harrisburg

2:15 – 2:30 PM **BREAK**

Session 2 2:30 – 3:30 PM	<u>Community Care with the Military Population;</u> Presentation will focus on examining common stressors that affect members of military community and their families, particularly in the National Guard and Reserve components. The most recent statistics regarding behavioral health stressors will be presented, along with current trends in the treatment of military service members; examining resources available to National Guard and Reserve service members, and the growing emphasis on engaging community providers in treatment of military families.	PA ARNG Psychological Health Team Presentation by: Damon Frantz, LCSW Psychological Health Coordinator <i>Team Members:</i> <i>Jeana Foster, LPC</i> <i>Christine Cloud-O'Brien, MS</i> <i>Connie Shean, MSW</i>
Session 3 3:30– 3:50PM	<u>Resource Round Table and Guided Discussion;</u> Reviewing resources and helping those who assist veterans understand the complexities of what is available through various local, regional, and state agencies and advocacy organizations.	Corrie Wadel PA State Family Program Family Assistance Center Coordinator; HRCI Contractor, Ft Indiantown Gap, Annville

3:50 – 4:00 PM **Closing Summary, Wrap-up, and Adjournment**

THERE IS NO COST FOR THIS PROGRAM.

CONTINUING EDUCATION CREDITS

Attendance and course completion certificates will be awarded for **6.5** hours.

Nursing Hours: This training has been submitted for approval of continuing education for registered nurses in Pennsylvania under Act 58 of 2006 and 49 PA Code, Chapter 21 § 21.134, by the Pennsylvania Department of Health. Upon final approval, **7.0 hours** of RN continuing education credits will be awarded for completion of this course.

Social Workers/Counselors CEUs: "NASW-PA Chapter is a co-sponsor of this workshop. **TBD** CEs will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors."

HOTEL RESERVATIONS

A block of rooms have been reserved at the Holiday Inn Grantville* for room rate of \$83.00 +Tax. To receive the rate, please **register by April 7, using Code Name PA CARES Training Summit**. The rooms will be released COB April 7, 2015.

Call the hotel of your choice directly to make your own reservations.

Hotel:	Address	Telephone
*Holiday Inn	604 Station Road, Grantville	1 800 HOLIDAY
Comfort Suites	450 Station Road, Grantville	717-469-8181
Days Inn	252 Bow Creek Road, Grantville	717-469-0631
MainStay Suites	105 Kelley Court, Grantville	717-469-1051

SPECIAL NEEDS: Participation by all individuals is encouraged. Advance notice of any special needs (dietary/wheelchair accessibility/hearing accommodation, etc.) will help us provide better service. Please notify us *at least two weeks* in advance of the program by calling 717-772-7788. (Not for registration)

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REGISTRATION: INSTRUCTIONS for ON-LINE REGISTRATION *Learning Management System (LMS)*

DATE: MAY 7, 2015 TIME: 8:30AM – 4:00PM (REGISTRATION 8:00AM)

**LOCATION: Fort Indiantown Gap, Keystone Conference Center, Bldg 17-104, 1
Fort Indiantown Gap, Annville, PA 17003-5099**

PLEASE NOTE: PRE-REGISTRATION FOR THIS PROGRAM IS REQUIRED.

DUE TO SPACE, REGISTRATIONS ARE LIMITED TO THE FIRST 75 APPLICANTS.

NO REGISTRATIONS WILL BE ACCEPTED BY PHONE.

NO REGISTRATIONS WILL BE ACCEPTED AFTER APRIL 30, 2015.

PLEASE READ AND FOLLOW INSTRUCTIONS CAREFULLY TO REGISTER. IF YOU HAVE DIFFICULTY REGISTERING USING THE ON-LINE REGISTRATION, PLEASE CALL 717-772-7788 FOR ASSISTANCE.

A. Learning Management System Registration: How to register with the LMS:

1. Open the web page: https://www.centrelearn.com/login_pa.asp. You can also enter www.paprepared.net and it will redirect you.
2. Click CREATE AN ACCOUNT on the right side of the screen
3. If you are a Pennsylvania EMS Provider click yes and follow prompts on screen.
This guide however is for everyone else.
4. If you are NOT a Pennsylvania EMS Provider, choose the 'No' option. The screen should expand downwards with many different professions. Please choose whatever is appropriate.
5. If you do not see any that would describe you, please choose 'Public Health'
6. Click Next->
7. Fill in your general information. Before proceeding, please read through it once looking for any spelling mistakes or other errors.
8. Click on the grey REGISTER button at the bottom of the screen.
9. Once you click on the 'REGISTER' button you will see a message that says:
"Thank you! Your request to register for the PA Prepared Learning Management System (LMS) has been submitted. Your username and initial password will be emailed within 1 to 3 business days. If you have any questions, please contact the Bureau of Public Health Preparedness (717) 346-0640 or LMS@state.pa.us"
10. Once you receive your username and initial password via email, please follow the link provided or load https://www.centrelearn.com/login_pa.asp to log in. You will need to change your password under the 'Profile' tab. Directions how to do so should be included in your confirmation email. Please be careful that your personal password is easy for you to remember, but hard for other people to guess.

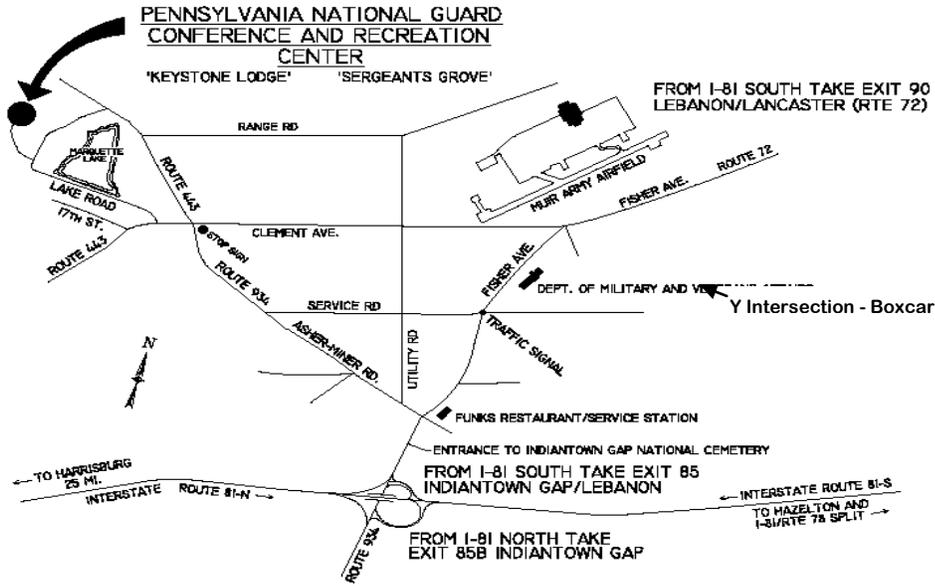
B. Course Registration: How to register for a course once you have an LMS account:

1. Login to www.paprepared.net (you will be redirected, so don't worry if it starts loading a different page)
2. Go to the 'HOME' tab and in the navigation panel on the left, click on the 'Course Catalogue.'
3. It should take you to a page that says 'Search Course Catalogue'. Please enter 'PA CARES' into the search field. Hit the 'SEARCH' button.
4. It should pull up a course called '2015 PA CARES Training Summit'
5. This is the course you want to enroll in. Please verify that this course is the correct one for you. Double check the location and the date before moving on to step #6.
6. Click on the grey 'ENROLL' button to the left of the course name.
7. This will take you to a more detailed course page. Scroll to down and click on the grey 'REQUEST PERMISSION' button on the bottom left hand side of the page.
8. **You will receive a confirmation email.**
9. Whenever you load your LMS homepage, your courses will be listed under 'MY CURRENT COURSES' which is visible on the welcome page or accessible by clicking on the 'MY COURSES' link on the navigation pane on the left.
10. If you select the course from either 'MY CURRENT COURSES' or 'MY COURSES' you will be able to see the survey/evaluation that you will need to complete to receive a certificate for this course.

IMPORTANT: If you are unable to attend after you register, *please cancel* your registration by following these steps to remove your name:

- Login to www.paprepared.net and select 'My Courses' from left side navigation pane.
- Select the course on the right from which you want to withdraw.
- In left navigation pane, select the course directly below 'Courses'. Select the 'Request Withdraw' tab.
- Click on grey 'Remove' button and Click OK in the prompt box that pops up. You are now withdrawn from the course.

DIRECTIONS: PA National Guard Keystone Conference Center



From I-81N / HARRISBURG

- Take **Exit 85B** – FORT INDIANTOWN GAP
- **BEAR RIGHT** off Exit (will be on Rt. 934; will pass FTIG National Cemetery and Funck’s on Right)
- Go .5 mi and turn **LEFT** onto **ASHER MINER ROAD**
- Go 1.0 mi and turn **LEFT** onto **CLEMENT AVENUE** (see signs for “Marquette Lake” on right)
- Go .1 mi and turn **RIGHT** onto **LAKE ROAD**
- Continue for .4 mi (lake on right and you’ll cross a small wooden bridge)
- Turn **LEFT** onto **ESSAYONS ROAD** (entrance to KEYSTONE CONFERENCE CENTER)
- Follow for .2 mi into KCC (upper) Parking Lot (will see Lodge Building right in front of you)

RETURN to 81:

- Back down to STOP SIGN
- Turn **LEFT** and continue for .3 mi
- at STOP SIGN, turn **RIGHT** onto ASHER MINER ROAD
- Go .5mi and make **RIGHT** onto CLEMENT (W443)
- At 3.0 mi and you can pick up Rt. 22 OR
- At 5.0 mi., make **LEFT** onto BOW CREEK (will pass Casino entrance on your left)
- 1.2 mi to 81S Exit

From I-81S / RT 72

- Take **Exit 90** – LEBANON / LANCASTER / RT 72
- Bear **RIGHT** off exit onto **FISHER AVENUE**
- Go 3.2 mi and bear **RIGHT** at “Y” onto **CLEMENT AVENUE**
- Go 1.3 mi – see brown sign “PA NAT. GUARD KEYSTONE CONF. CTR.” & green sign below it “MARQUETTE LAKE”
- Turn **RIGHT** onto **LAKE ROAD**
- Continue for .4 mi (lake on right and you’ll cross a small wooden bridge)
- Turn **LEFT** onto **ESSAYONS ROAD** (entrance to KEYSTONE CONFERENCE CENTER)
- Follow for .2 mi into KCC (upper) Parking Lot (will see Lodge Building right in front of you)

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